




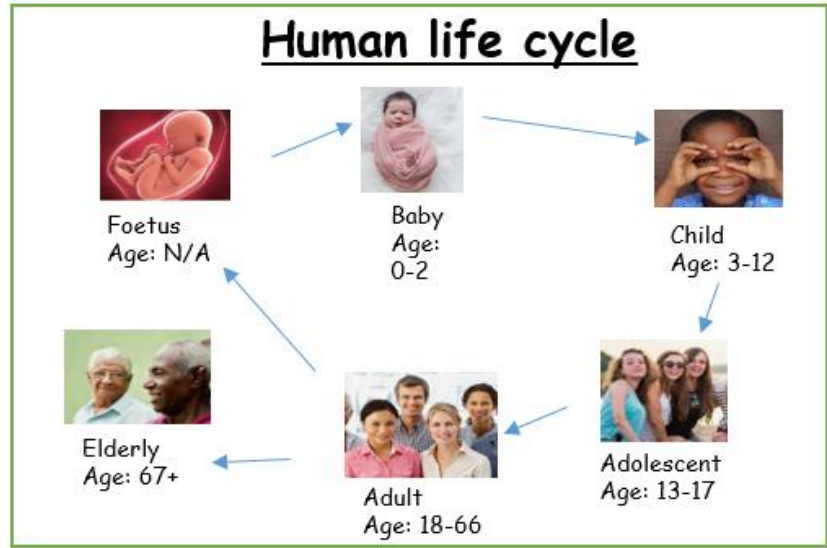






Science focus	Animals including humans - Biology	Year 2	Autumn 2 nd Half Term
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<u>Adult</u>	<u>Offspring</u>
Fully grown	Baby/child
 Sheep	 Lamb
 Cat	 Kitten
 Dog	 Puppy



Vocabulary Dozen	
Word	Definition
Offspring	A person's or animal's child or children.
Adult	A person or animal that is fully grown or developed.
Survive	To continue to live or exist.
Basic needs	Humans and animals have basic needs for survival - food, water and air.
Air	Invisible gas surrounding the earth, it is needed to breathe.
Exercise	An activity requiring physical effort, carried out to maintain health and fitness.
Nutrition	Getting the food needed to grow and be healthy.
Hygiene	Things we do to make us healthy and prevent diseases, usually through cleanliness.
Right amount	If you get or have the right amount of something it means you have enough of it.
Balanced diet	Eating the right amount of food from each food group helps you to stay healthy.
Food groups	There are 5 food groups: fruits & vegetables, carbohydrates, protein, dairy and oils & spreads.
Energy	We need energy to grow, stay alive, keep warm and be active.

<u>Types of food</u>	
Fruit and vegetables	Protein
 Carrots Apples Oranges	 Chicken Fish Meat
Dairy	Carbohydrate
 Milk Cheese Cream	 Bread Bananas Grains

<u>How to stay hygienic</u>			
			
Washing hands	Brushing teeth	Washing hair	Using a tissue