Forest Park Primary School

Sports Funding Impact Report



What is the PE and Sports Premium Funding?

The Government has allocated funding for additional primary school sport in schools. This funding must be used to improve the quality of Physical Education (P.E) and Sport for all of our pupils. The sport funding must be spent on PE and sport provision in school. Schools have to spend the sport funding on improving provision of PE and Sport but they will have the freedom to choose how they do this. The vision for the Primary PE and Sport Premium: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. The funding has been provided to ensure impact against the following OBJECTIVE: To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

Purpose of funding

Schools have to spend the sport funding on improving provision of PE and sport but they will have the freedom to choose how they do this.

The vision for the Primary PE and Sport Premium: **ALL** pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport

The funding has been provided to ensure impact against the following **OBJECTIVE:** To achieve <u>self-sustaining improvement</u> in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that schools will see an improvement against the following 5 key indicators:

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement

Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport

Key Indicator 4: broader experience of a range of sports and activities offered to all pupils

Key Indicator 5: increased participation in competitive sport

The school has been receiving the funding since 2013.

Key achievements to date:

- AIR resource picture documents have been purchased to support teachers in teaching/delivering the key skills in physical education across all areas.
- All staff have received gymnastics, athletics and games CPD and have continued to receive dance CPD this year also (from outside agencies). This has continued to support and improve staff confidence and knowledge, which will enable them to continue to deliver these areas across the key stages in future years.
- Staff have received training from an outside agency to deliver activities at lunchtimes for children and the subject lead has refreshed this with new staff.
- Through activities planned throughout the year including making posters, enrichment days & award ceremonies – this has continued to promote and raise the profile of health/ sport in school. Introducing super movers/go noodle across the school has helped to increase active lessons and increase daily activity levels.
- Developments within lunchtimes and additional extra-curricular clubs on offer to pupils has led to increased participation, fitness levels and enjoyment for pupils. This has been particularly apparent for previously non-active pupils and a big focus has been on providing the opportunity for pupils to try alternative activities and sports.
- The PE profile has been and is continued to be raised across the school. All children are encouraged to partake in 1 hour of Physical Education per week and attend at least one after school club or event throughout the year.
- Activities pupils have enjoyed and found they want to continue with, in or out of school, has led to sustainable attitude change and increased present and future participation.
- An increased number of pupils have been involved in competitive situations. This
 has meant that there have been more children participating within school
 competition, increased competition between other schools.
- The school has also achieved the Silver schools game mark 2023 which demonstrates that we have met all 5 key indicators for primary PE and Sport.
- New equipment has been ordered to support the delivery and sustainability of Physical Education at Forest Park Primary School.
- The swimming model has been reworked to suit the needs of our children, to increase the percentage of children meeting the KS2 requirements. Furthermore, a new swimming tracker has been created to track the children's progress and attainment in line with the Swimming Charter.
- New outdoor gym equipment has been installed on one of the children's play areas, in addition to new trim trail/climbing equipment. This will continue to increase children's engagement in regular physical education and to also continue to raise the profile of PE and sport across the school.
- EYFS has had new outdoor provision built and new equipment has been installed to raise the profile of PD across Early Years. Reception take part in Forest Schools and a formal PE lesson biweekly.
- Seesaw has been introduced as an additional assessment tool for PE, in addition to an end of unit assessment proforma.

Future Ideas & development areas to achieve our long term vision.

- To embed the AIR resources to support teacher's skill delivery and small steps. This will ensure that all sport specific skills are taught and delivered with consistency across the school. This will also enhance teachers and pupils technical vocabulary and key knowledge.
- Continue to develop the CPD needs of all staff teaching the PE curriculum particularly within net and wall/badminton.
- Continue to raise awareness of emotional wellbeing for both staff and pupils.
- Involve parents in understanding the importance of an active, healthy lifestyle via newsletters and parental involvement days.
- To continue to work with and support teaching assistants to deliver a range of activities for children at lunchtime.
- To implement intra-school competitions at the end of each term to increase children's participation in competitive sport and provide a purpose for learning.
- To support staff to enable them to deliver and lead the intra school competition across their phase alongside other teachers.
- Continue to embed the assessment of PE across the school and utilize pupil voice.

- Forest School's is now embedded within the school timetable and occurs weekly.
 A new long term plan for PE provision has now been implemented from Nursery-Year 6.
- A skills progression overview has been created for each sport for KS1 and KS2 to ensure that skills are built upon each year.
 New medium term plans have been created using the skills progression overview for
- each year group from Year 1 Year 6.

Long-Term Vision for Physical Education

At Forest Park Primary School we believe that Physical activity not only improves health, reduces stress and improves concentration, but also promotes correct physical growth and development. Exercise has a positive influence on academic achievement, emotional stability and interaction with others. We aim for both teachers and children to be aware of its importance. We strive to provide the broad and balanced program of physical education we believe every child should have; with activities designed to be enjoyable, vigorous, purposeful and regular. Through providing positive experiences, a lifelong interest in physical activity is encouraged. We value the importance of a varied curriculum experience. Our aim is to increase participation in physical activity outside of the one hour offered as part of the curriculum. In order to achieve this vision, we strive to offer varied opportunities for engagement in physical activity at lunchtimes and after school which are tailored to the children's interests.

PE Curriculum

High quality PE lessons taught by teachers and/or specialist coaches. Subject leaders monitoring quality of lessons.

Variety of sports and activities offered such as: games, gymnastics, dance, athletics, net and wall, striking and fielding, swimming and Forest Schools.

Staff teaching PE are consistently good/ outstanding across all schools and year groups with good confidence, knowledge and skills in both PE subject specific knowledge and generic teaching practices.

New curriculum overview maps in place across all schools that are refreshed in light of the PE NC 2014 and offer activities based on pupils needs, interests and the facilities of the school. Pupils are exposed to a range of activities in order to help them find something they enjoy.

Assessments throughout the lessons and at the end of each unit demonstrate pupils make good progress in PE and achieve good outcomes. Assessment information is used to adapt planning and curriculum overview to meet the needs of all pupils.

Pupils below ARE are identified and supported and more able pupils are extended in their learning through STEP.

Pupils look forward to and enjoy PE lessons and physical activity.

Links to wider community/clubs/facilities

Transition links to high school good and pupils experience enrichment days at high school site.

Staff CPD.

Sharing local club leaflets.

Parent enrichment days.

Given a range of inter competitions and festivals to take part in within the community.

Parents invited in for Sporting events such as sports days.

Residential for KS2 and an overnight stay at school.

Dance /games extra curricular provision delivered via Bee Active.

Health of pupils/ School community

Pupils in all schools at all ages meeting health recommendations of daily physical activity.

Clear policies in place across the schools to meet Government obesity strategy recommendations on physical activity and healthy eating.

Engagement activities offered with parents and the community around the agenda and ideas for meeting 30 mins outside of school.

Facilities and equipment improved across all schools to encourage and enable pupils to be more physically active at break and lunchtimes.

Forest Park Primary School

2023-27 VISION FOR PE AND SPORTS

Outcomes: All Pupils will leave school

With fundamental skills of PE and the ability to apply this to opportunities in later life.

Having had a wide range of experiences/ opportunities in both physical activity, sports and performing arts.

Have found a sport or physical activity they enjoyed and want to continue with in their own time.

Pupils are physically confident, competent and all able to meet if not exceed the minimum expectations in the PE National Curriculum.

Pupils are fitter, healthier and have a good understanding of the importance of this and how to maintain and improve their physical and emotional health.

Meeting the KS2 requirement in swimming - in line with national targets.

Opportunities to compete and take part in various activities and make positive memories of PE, sport and physical activity.

Extra-Curricular provision

A wide range of extra curricular opportunities are on offer for pupils of all ages. These are offered via staff members or specialist outside agencies over the year.

Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

Clubs based around fitness and improving health and well being.

Opportunities offered for all children including SEN and minority groups.

Encourages a love of sport, activity and promotes lifelong healthy choices.

Forest schools is available from EYFS-KS2.

Links to whole school improvement

PE, Sport and physical activity is used as a vehicle for driving school improvement. All staff, pupils, parents and governors are clear on the range of benefits associated with participation and are committed to providing opportunities throughout the school day.

PE good practice in leadership/ monitoring is used to share with other staff within school and other staff within the Orchard Community Trust.

Consistent teaching and learning is based upon strong whole school curriculum map and effective progressive medium term plans.

Forest Park is a hub for excellent practise in PE, school sport, physical activity and health and well being.

PE and physical activity supports teaching and learning in core subjects, outdoor learning and Forest Schools.

Amount of grant received in year 2022/23: £23, 471.29

Area of Focus	Amount spent	Impact	Sustainability
PE Curriculum & improving the quality of teaching and learning. To ensure PE lessons are all high quality that	PE Subject lead package: £1950.00	Staff confidence and ability to teach high quality PE continues to increase and they feel confident following the new curriculum and using a planning and assessment system. All staff have received a 12 weeks dance CPD unit	Staff knowledge and confidence is built upon to continue to teach high quality lessons. Swimming provision has been adjusted and effectively
lead to pupil enjoyment. Increase competitive opportunities available to pupils within lessons.	Bee Active Dance CPD for staff	from Showstoppers/Bee Active. Pupils as a result benefit from lessons that they enjoy more and in which make good progress. The PE lead remains a member of the AFPE governing body to ensure their knowledge remains current	planned to support pupils to meet and exceed NC expectations. Safe practice updates and changes ensure pupils are kept and remain safe. Quality of PE curriculum and
To develop a sports team within school to ensure all aspects of PE, sport and health are covered and offer opportunities for pupils.	£183.00 AFPE membership	and can be disseminated to staff in a timely manner. There is an increased number of pupils meeting NC swimming expectations in Year 5 due the hiring of a pop up pool on site. The majority of pupils achieved awards 1-4	wider opportunities are recognised and rewarded. These improvements and the legacy to last in future years. Changed attitudes and perceptions towards the difference PE can make
Improve staff subject specific knowledge in swimming and increase number of pupils meeting recommendations.	£465.00 Online Cyber coach	within 6 weeks. Pupils have shown determination in achieving these skills including achieving self safe rescue. School has a more effective swimming provision going forward into the next academic year. Year 5 will continue to	will lead to higher outcomes and opportunities for pupils in school. Calendar of events will be used in future years to help continue to provide opportunities for pupils.
Links to: Key Indicator 3 Key Indicator 2 Key Indicator 5		have access to a pop up pool during the summer term and Years 3, 4 and 6 will attend Jubilee swimming pool. Pupils develop and apply key life skills through their	Areas improved through working towards school games mark criteria will also be sustained and built upon further in future years. Raised profile
	Pop up pool £8000.00.	participation in PE and sport including trust, respect, teamwork and communication.	of health and well-being apparent to pupils and families will ensure a year on year involvement of pupils and encourage more pupils to join teams
		Increased number of pupils participating in competitive opportunities and reporting increased enjoyment in these. Through competitive opportunities pupils have learnt new skills and have had the opportunity to see others points of	inside and outside of school.
	Dance club	view and perspectives. They have improved their confidence and self-esteem through beating their own scores and trying their best.	
	provision/ support on the day/evening and costumes: £1000.00	Children have had the opportunity to perform at the Victoria Hall alongside their peers and in front of an audience, in addition to numerous other competitive/non competitive opportunities. Children have also taken part in OCT PE	

	£1790.56 Bee Active extra curricular provision. £624.00 Bee Active Showstopper dance awards. Minibus costs £1000.00 Affiliation fees: £150.00	events. The school has achieved the Silver Schools Games Mark 2023 in recognition of the participation and dedication to sport and physical activity. Children have enjoyed taking part in a wide range of extra curricular clubs delivered by staff and once a week by Bee Active and Year 6 dancers have had the opportunity to achieve a dance award during school time - accredited by the British Ballet Organisation.	
Health and well-being Embed physical activity opportunities wider into the school day. Meet new government obesity strategy requirements Increase confidence and self esteem of pupils within the school by celebrating successes. Development of lunchtimes activities to ensure pupils are more physically active Improve pupils mental health and well-being Links to: Key Indicator 1 Key Indicator 2 Key Indicator 4:	£500 health and wellbeing package	Pupils and staff feel emotionally and physically well and able to operate effectively. There are a reduced number of accidents and behaviour incidents at lunchtimes. All staff engaged in and facilitating positive play and opportunities for children to play games and be active at lunchtime. Pupils and parents understand the value of PE and health and are committed to meeting recommendations. Doubling the amount of time pupils are active for will increase the fitness of pupils through taking part in additional activities offered throughout the school day or during extra-curricular clubs. Increased physical activity at lunchtime will also improve concentration/behaviour of pupils in the afternoons	Pupil and staff health and wellbeing remains a priority in keeping the school operating effectively. Lunchtimes work effectively and encourage children to develop life skills and also improve their fitness. Pupils and parents' understanding of the importance of health and government recommendations resulting in changed behaviours which will continue in future years. Improved fitness will continue through newly embedded procedures and opportunities for activity throughout the school day.

Swimming at Forest Park Primary School

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:	
Percentage of Year 6 pupils who could swim competently, confidently and proficiently over a distance of at least 25 metres when they left primary school at the end of last academic year?	0%	
Percentage of Year 6 pupils who could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	0%	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	0%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes. We recognize this is an area that we need to develop in school. The funding has been used this year to boost attainment throughout Year 5 via a pop up pool. Swimming will remain a high priority on the action plan next year.	

Year 5 swimming data 2023

6 week progress report (Pop up pool):

Awards:	Award 1 & 2	Award 3 & 4	Award 5 & 6 (Expected level)	Water safety award (Separate award)
Pupils in year group:	58/60	44/60	10/60	44/60
Percentage:	97%	73%	17%	73%

Year 6 swimming data 2023

Two new arrivals included - no swimming data.

1 hour per week of swimming at swimming baths

Awards:	Award 1 & 2	Award 3	Award 4	Award 5 & 6 (Expected level)	Water safety award (Separate award)
Pupils in year group:	59/59	17/59	9/59	0/59	0/59
Percentage:	100%	29%	15%	0%	0%