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Dear Parents/Carers,

I hope that you are all keeping safe and well.

We currently find ourselves in uncharted territory, managing a situation that we could never have imagined possible just a few weeks ago. This has brought home lots of different emotions in people and many of you are understandably stressed and worried about how you are going to look after your children over the forthcoming weeks, and possibly months.

I would like to make it clear that this is an emergency situation and you should not be feeling worried or pressured about 'home schooling' your child. You can only do what you can do – there are no rights or wrongs. My staff are aiming to offer you as much support as possible by sending home links on Purple Mash, setting up blog pages and putting ideas onto our website. If this helps, then great. If it doesn't, then please don't worry; just remember the following:

- You are the first and best educator of your child during these times. If your child won't engage with the learning that's put on the website, please don't worry. We know that some children will love engaging in these activities and we know that some children would prefer playing in the garden, baking, watching YouTube or bouncing around the living room. Just let them– Don't stress or worry about it.
- Your child will not fall behind if they do less work than others say they are doing. All of the work that we are setting is to review, revise and embed learning that has already taken place in school –the teachers at Forest Park Primary are amazing and will get everyone back on track when we return.
- All learning is valuable – Playing with Lego, singing, baking, dancing, drawing a picture and kicking a football are all just as important as written worksheets and online tasks.

I would recommend that you try and do some of the following over the next few weeks/months:

- **Lots of reading**
- Some practical Maths, using baking, maths games, card games, counting or times table quizzes
- Some art or craft
- Some form of physical exercise every day – The Joe Wicks workouts on YouTube are great!
- Lots of talking and listening to each other

Please look after yourselves over the next few weeks. You are doing a great job. Ensuring that your children are happy and healthy is your prime goal. Keep yourself as stress free as possible, smile at your children and tell them that this will pass and that there are better days ahead. To help you with these please use the resources provided.

Stay at home. Save lives.

